



THE DREADNOUGHT CENTRE

*A charity working with
young people across Cornwall*

The Dreadnought Centre works with children, young people and their families in Cornwall, who are experiencing difficulties in their lives – be it emotional, behavioural or physical. Looking behind behaviour and providing support to explore and recognise feelings and emotions. With an ethos and philosophy of offering unconditional acceptance in a non-judgemental environment, providing positive adult role models for young people and enabling them to make decisions for themselves. We also have volunteering opportunities to work alongside young people to help them develop confidence, self-esteem and social skills.

***For more information about us visit;
[the dreadnought.co.uk](http://the.dreadnought.co.uk).***