



# ARMED FORCES VETERANS, SERVING PERSONNEL, RESERVISTS AND FAMILIES

## CORNWALL'S FREE MONTHLY HUBS

Support with Benefits, Budgeting, Debt, Health, Wellbeing, Housing, Education and Employment. Come along for a brew and chat.

### BODMIN

Every second Tuesday of the month

10:00-13:00

Court Room 2, Bodmin Town Council, Shire Hall, Mount Folly Square, PL31 2DQ.

### REDRUTH

Every last Wednesday of the month

10:00-13:00

Redruth Town Council, Redruth Civic Centre, Alma Place, Redruth, TR15 2AT.

### NEWQUAY

Every first Thursday of the month (starting 7 November)

10:00-13:00

Community Room, Mount Wise Community Centre, 28 Mount Wise, Newquay, TR7 2BJ.

### HELSTON

Every third Friday of the month (starting 18 October)

11:00-14:00

The Guildhall, Helston, TR13 8ST. (Limited access for people with mobility issues. Please contact us in advance - we can install a wheelchair ramp).

### MULLION

Every second Wednesday of the month

14:00 - 16:00

Mullion Village Hall, Nansmellyon Road, Mullion, Helston TR12 7DQ. (This hub is run by Mullion & Constantine Surgery.)



## Smart Savings

For more information contact [support@veteransregroup.co.uk](mailto:support@veteransregroup.co.uk), call 01872 703309 or message us on [www.facebook.com/Veteransregroup](https://www.facebook.com/Veteransregroup)

