

ARMED FORCES VETERANS, SERVING PERSONNEL, **RESERVISTS AND FAMILIES**

CORNWALL'S FREE MONTHLY HUBS

Support with Benefits, Budgeting, Debt, Health, Wellbeing, Housing, Education and Employment. Come along for a brew and chat.

BODMIN

Every second Tuesday of the month

10:00-13:00

Court Room 2, **Bodmin Town** Council, Shire Hall, Mount Folly Square, PL31 2DQ.

REDRUTH

Every last Wednesday of the month

10:00-13:00

Redruth Town Council, Redruth Civic Centre, Alma Place, Redruth, TR15 2AT.

NEWQUAY

Every first Thursday of the month (starting 7 November)

10:00-13:00

Community Room, **Mount Wise** Community Centre, 28 Mount Wise, Newquay, TR7 2BJ.

HELSTON

Every third Friday of the month (starting 18 October)

11:00-14:00

The Guildhall, Helston, TR13 8ST. (Limited access for people with mobility issues. Please contact us in advance - we can install a wheelchair ramp).

MULLION

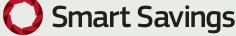
Every second Wednesday of the month

14:00 - 16:00

Mullion Village Hall, Nansmellyon Road, Mullion, Helston TR12 7DO.

(This hub is run by Mullion & Constantine Surgery.)





For more information contact support@veteransregroup.co.uk, call 01872 703309 or message us on www.facebook.com/Veteransregroup































































